

Study*ladder*



THE COMMONWEALTH GAMES

Activity Book

THE COMMONWEALTH GAMES

The Commonwealth Games are an international, multi-sport event similar to the Olympics. Participating athletes represent the nations and territories of the Commonwealth and the home nations of the United Kingdom (England, Scotland, Wales, and Northern Ireland).

The first Commonwealth Games were held in 1930 in Hamilton, Canada. The games have been held every four years since 1930 except 1942 and 1946 because of World War II. The 2014 Commonwealth Games are being held in Glasgow Scotland.

From 1930 to 1950, the Commonwealth Games were called the "British Empire Games". From 1954 to 1966 they were named the "British Empire and Commonwealth Games". In 1970 and 1974 they were called the "British Commonwealth Games". Since 1978 they have been known as the "Commonwealth Games".

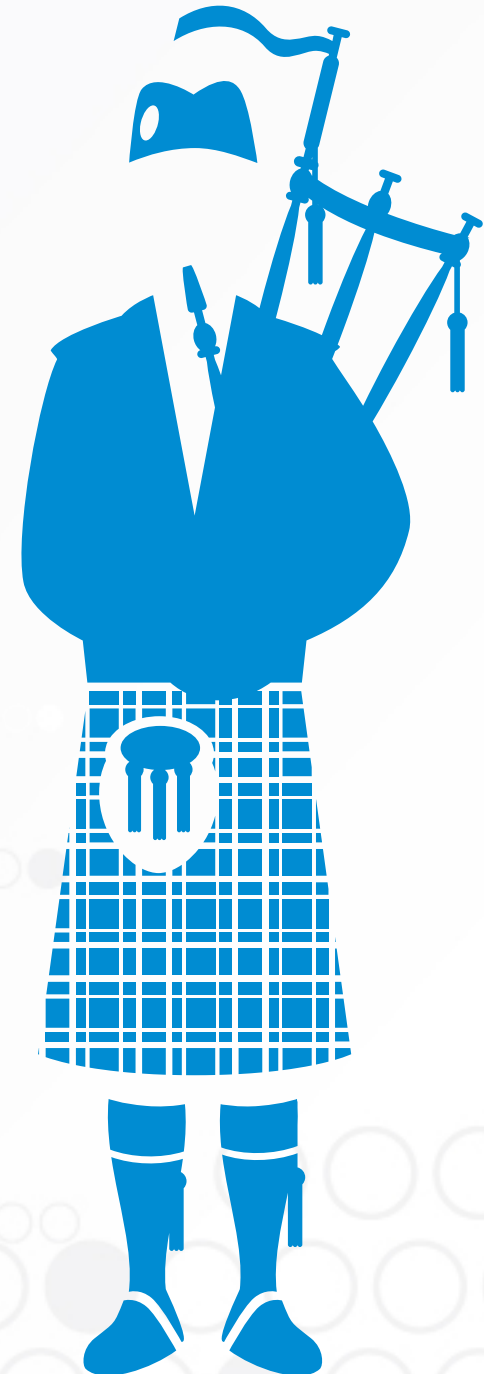
Only six teams have attended every Commonwealth Games: Australia, Canada, England, New Zealand, Scotland, and Wales. There will be 71 participating nations at the 2014 Commonwealth Games in Glasgow.

The Commonwealth Games Federation (CGF) is the governing body of the Commonwealth Games. The Commonwealth Games movement has three core values: Humanity, Equality and Destiny.

The city hosting the Commonwealth Games chooses a minimum of 10 core sports and up to an additional seven sports from a list of optional sports or disciplines. The CGF and International Paralympic Committee have also established a list of four core para-sports for elite athletes with a disability.

In Glasgow there will be a total of 17 sports and 261 medal events, and 22 para-sport events.

The Commonwealth Games have been known as the 'Friendly Games'.



COMPREHENSION QUESTIONS

1. In what year were the Commonwealth Games first held?

- a) 1913
- b) 1930
- c) 1931
- d) 1933

2. What does "CGF" stand for?

- a) Games of the Commonwealth Federation
- b) Commonwealth Group Federation
- c) Commonwealth Games Federation
- d) Countries of the Commonwealth Federation

3. True or False?

Australia, Canada, England, New Zealand and Scotland are the only nations to have attended every Commonwealth Games.

- a) True
- b) False

4. What were the Commonwealth Games first called?

- a) British Commonwealth Games
- b) British Empire and Commonwealth Games
- c) British Commonwealth and Empire Games
- d) British Empire Games

5. What is the minimum number of core sports the host city must choose?

- a) 10
- b) 17
- c) 22
- d) 261



6. How many para-sport events will there be in Glasgow?

- a) 10
- b) 17
- c) 22
- d) 261

7. In what years were the Commonwealth Games not held?

- a) 1930 and 1932
- b) 1942 and 1946
- c) 1954 and 1966
- d) 1970 and 1974

8. What are the Commonwealth Games known as?

- a) The Friendship Games
- b) The Sporty Games
- c) The Happy Games
- d) The Friendly Games

9. How many medal events will there be in Glasgow?

- a) 261
- b) 216
- c) 612
- d) 126

10. The Commonwealth Games are similar to what other international, multi-sport event?

- a) Rugby World Cup
- b) World Cup
- c) Olympics
- d) World Series



COMMONWEALTH GAMES RESEARCH QUESTIONS

Q1. The first games were held in 1930. Where were they held and what were they called?

Q2. Why have the Commonwealth Games been known as "The Friendly Games"?

Q3. How many times has Scotland hosted the games?

Q4. What are the ten "core sports" of the Commonwealth Games?

1. _____

2. _____

3. _____

4. _____

5. _____

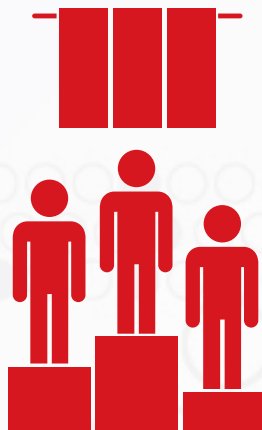
6. _____

7. _____

8. _____

9. _____

10. _____



Q5. What are the seven "selected sports" in Glasgow?

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____



Q6. What country has won the most medals at Commonwealth Games?

Q7. What country has been in the top two countries of the final medal count for all Commonwealth Games except in 1994 when they finished 3rd.

Q8. List all the Commonwealth Games mascots.

1978 Keyano (grizzly bear)

1982 _____

1986 _____

1990 _____

1994 _____

1998 _____

2002 _____

2006 _____

2010 _____

2014 _____



Q9. What were the first team sports played at the Commonwealth Games?

Q10. What is the Commonwealth Games motto? (core values)

Scotland Research Questions

Q11. Who is the patron Saint of Scotland?

Q12. Research and write a brief report about one of these famous Scots:

Robert the Bruce

Robert Burns

William Wallace

HOST CITIES OF THE COMMONWEALTH GAMES

The 2014 Commonwealth Games are being held in Glasgow Scotland.

(The Commonwealth Games were called the British Empire Games from 1930 to 1950. From 1954 to 1966 they were the British Empire and Commonwealth Games. In 1970 and 1974 they were called the British Commonwealth Games. Since 1978 they have been called the Commonwealth Games. The games were not held in 1942 and 1946 because of World War II)

Questions

1. Where were the Commonwealth Games (British Empire Games) held in 1930?

2. Where were the Commonwealth Games (British Empire Games) held in 1938?

3. Where were the Commonwealth Games (British Commonwealth Games) held in 1974?

4. Where were the Commonwealth Games held in 1990?

5. Where were the Commonwealth Games held in 2010?

6. Where were the Commonwealth Games (British Empire and Commonwealth Games) held in 1954?

7. Where will the Commonwealth Games be held in 2018?

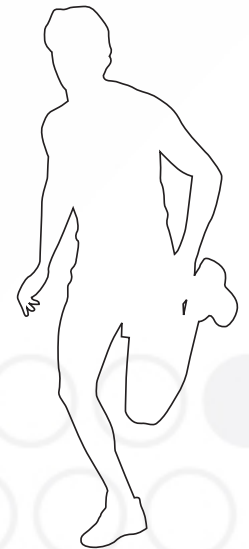
MAKING WORDS

Using only the letters in the word "Scotland", how many words can you make? Each letter can only be used once. Words must be at least four letters.

_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Rearrange the letters to make the name of a Commonwealth country.

iaidn	_____
maiajac	_____
danlocts	_____
aaialustr	_____
omsaa	_____
airegin	_____
acaand	_____
ygeusenr	_____
nnladge	_____
ifji	_____



FIND-A-WORD

A	C	S	M	K	B	S	E	L	A	W	I
D	U	C	A	M	E	R	O	O	N	Z	W
N	G	A	I	H	L	S	A	M	O	A	A
A	N	N	S	A	I	T	E	B	M	M	L
G	O	A	Y	S	Z	L	M	E	K	B	A
U	N	D	A	H	E	U	N	E	I	I	M
Z	A	A	L	C	Z	C	R	N	R	A	S
L	U	K	A	S	G	I	B	G	I	M	U
K	R	N	M	Z	I	A	L	L	B	A	R
A	U	S	T	R	A	L	I	A	A	L	P
D	N	A	L	T	O	C	S	N	T	T	Y
I	G	H	A	N	A	I	N	D	I	A	C

Find these Commonwealth countries

Australia
Belize
Cameroon
Canada
Cyprus
England

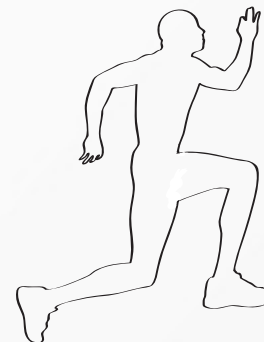
Ghana
India
Kiribati
Malawi
Malaysia
Malta
Nauru

Samoa
Scotland
St Lucia
Uganda
Wales
Zambia

RHYMING WORDS

Select the rhyming word.

- | | | |
|-------------|-----------|-----------|
| 1. squash | 4. games | 7. Clyde |
| a) wish | a) grain | a) climb |
| b) squirm | b) flames | b) cycle |
| c) wash | c) same | c) clad |
| d) squeal | d) groans | d) bride |
| 2. hockey | 5. gold | 8. sport |
| a) jockey | a) girl | a) sponge |
| b) jack | b) goal | b) sprain |
| c) hotter | c) good | c) caught |
| d) honk | d) sold | d) part |
| 3. swimming | 6. medal | 9. team |
| a) sailing | a) pedal | a) time |
| b) swimmer | b) medium | b) tame |
| c) swum | c) mend | c) steam |
| d) trimming | d) mail | d) tomb |
| | | 10. host |
| | | a) mast |
| | | b) roast |
| | | c) hose |
| | | d) missed |



MIGHTY MATHS BRAIN TEASERS

1. Celtic Park is one of the stadiums in Glasgow and has a seating capacity of 60000 people.

If the stadium is $\frac{2}{3}$ full, how many people are there? _____

If the stadium is $\frac{3}{4}$ full, how many people are there? _____

If the stadium is full and 52500 people are adults, how many children are there?

2. As James left the stadium, the time on his watch was "20:30".

What time was it? _____

When James arrived home, the time on his watch was "21:45".

How long before midnight was it? _____

3. What is the next number in the pattern?

1 3 6 10 _____

27 26 24 21 _____

49 36 25 16 _____

1 3 7 15 31 _____

4. Place a "•" next to the fractions that are greater than one half.

$\frac{1}{3}$ _____ $\frac{2}{3}$ _____ $\frac{1}{4}$ _____ $\frac{3}{4}$ _____ $\frac{3}{8}$ _____

$\frac{5}{8}$ _____ $\frac{2}{5}$ _____ $\frac{3}{5}$ _____ $\frac{3}{7}$ _____ $\frac{5}{9}$ _____

$\frac{6}{10}$ _____ $\frac{4}{5}$ _____ $\frac{2}{8}$ _____ $\frac{6}{7}$ _____ $\frac{4}{6}$ _____

5. The warm up space on a training field is 10m long and 6m wide.

What is the area of the warm up space? _____m²

What is the perimeter of the warm up space? _____m



The training equipment is kept in a box. The dimensions are 2m long, 1m wide and 1m deep.

What is the volume of the equipment box? _____m³

If the equipment box is $\frac{3}{4}$ full, what is the volume of the empty space? _____m³

6. Cynthia has 8 towels in a bag. 3 towels are red. The rest are blue. What is the chance if Amy takes a towel from the bag without looking that the towel is blue?

a) $\frac{3}{8}$ (three eighths)

b) $\frac{4}{8}$ (four eighths)

c) $\frac{5}{8}$ (five eighths)

d) $\frac{8}{8}$ (eight eighths)

7. Hamish is flying home to Glasgow. The flight takes 10 hours. The plane he is on burns on average 76550 L an hour and travels at an average speed of 750kph.

How much fuel will the plane use during flight? _____ L

How far did the plane fly? _____ km

If the plane left at 9am Monday, what time would Hamish arrive at Glasgow?

8. Alice and her two sisters watched the athletics in the main stadium for the full three hour session. It started at 14:20.

What time did the session end? _____

In total, Alice and her two sisters drank 1.5 L of water every hour while watching the athletics.

How much water did they each drink during the entire session? _____ L

How much water did Alice and her sisters drink in total? _____ L

9. The students at Hannah's school will attend the opening ceremony of the games in Glasgow. There will be 6 buses each carrying 66 students.

How many students from Hannah's school will attend the opening ceremony?

If 190 of the students are boys, how many are girls? _____

If 3 teachers go, how many students will each teacher supervise? _____

If the principal also attends, what is the total number of people? _____

10. Jock left the hotel in Glasgow and walked 350m north. He then walked 500m south and stopped before returning to the hotel.

How far away was Jock from his hotel when he stopped? _____

If Jock walked on average 100m in one minute, how long did it take Jock to walk back to the hotel from where he stopped? _____

11. Danielle jumped 1.45m in the high jump competition.

If Suzie jumped 6cm more than Danielle, how high did Suzie jump? _____

If Alex jumped 12cm less than Suzie, how high did Alex jump? _____

What is the total length of the three jumps? _____

12. 160 people were surveyed about which country they thought would win the most gold medals at the Commonwealth Games. 25% said England and 50% said Australia, while 10% said Canada.

How many people surveyed said England would win the most gold medals? _____

How many people surveyed said Australia would win the most gold medals? _____

How many people surveyed said Canada would win the most gold medals? _____

13. Eight 30kg bags and one 10kg bag of sand were purchased to fill the long jump sand pit. If Tony puts 25kg of sand into the wheel barrow each trip, how many trips will Tony make until all the sand has been moved? _____

What is the total weight of all the sand Tony moved? _____

14. In seating section A of the stadium, there are 28 rows and each row has 102 seats.

In seating section B of the stadium, there are 26 rows and each row has 112 seats.

In seating section C of the stadium, there are 22 rows and each row has 133 seats.

Which section has the most seats? _____

Which section has the fewest seats? _____

15. Complete the following:

$$15 + 12 \times 3 = \underline{\hspace{2cm}} \quad 7 \times 19 - 97 = \underline{\hspace{2cm}} \quad 12 \times 13 + 29 = \underline{\hspace{2cm}}$$

$$123 + 5 \times 9 = \underline{\hspace{2cm}} \quad 6 \times 22 - 34 = \underline{\hspace{2cm}} \quad 29 \times 24 + 11 = \underline{\hspace{2cm}}$$

$$17 \times 8 - 3 = \underline{\hspace{2cm}} \quad 66 \times 3 + 67 = \underline{\hspace{2cm}} \quad 12 \times 13 - 29 = \underline{\hspace{2cm}}$$



MAPWORK

On the map of the world, locate, name and colour the countries that have participated in every Commonwealth games.

(Australia, Canada, England, New Zealand, Scotland, and Wales.) Locate on the map and name these Commonwealth nations.

Malta

Gibraltar

Cyprus

Jamaica

Kenya

Nigeria

Canada

India

Sri Lanka



SCOTLAND AND GLASGOW FACTS.

True or False?

1. Scotland is located at the northern end of Great Britain.

- a) True
- b) False

2. The largest city in Scotland is Glasgow.

- a) True
- b) False

3. The rose is a national symbol of Scotland.

- a) True
- b) False

4. Scotland has many traditions including bagpipes, kilts and highland dancing.

- a) True
- b) False

5. The capital of Scotland is Glasgow.

- a) True
- b) False

6. Glasgow is located on the river Clyde.

- a) True
- b) False

7. The distance from Glasgow to Edinburgh is greater than the distance from Glasgow to London.

- a) True
- b) False

8. Glasgow has hosted the Commonwealth Games three times.

- a) True
- b) False

9. Glasgow grew from a small town on the Clyde River to become one of the largest seaports in Great Britain.

- a) True
- b) False

10. Someone from Glasgow is known as a "Glaswegian".

- a) True
- b) False

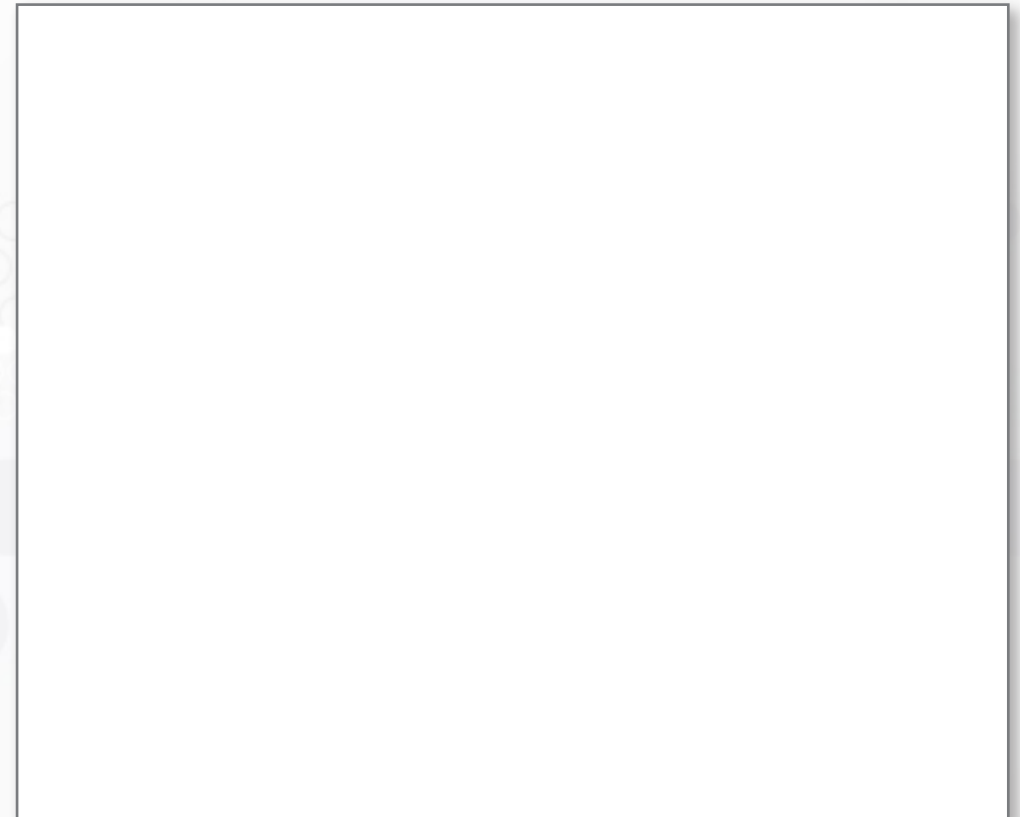
ART

Design and draw a games mascot.

The mascot for the 2014 Commonwealth Games is "Clyde the Thistle Man".

Some other Commonwealth Games mascots were "Karak the cockatoo" (2006) and "Matilda the kangaroo" (1982).

Design and draw a mascot for a sporting event to be held where you live.



What is your mascot's name? _____

What qualities does your mascot have? _____

Draw these emblems or symbols of Scotland.

1. Thistle (The floral emblem of Scotland.)

2. Unicorn (The national animal of Scotland. Two unicorns were on the old Royal Coat of Arms of Scotland.)

3. Tartan (Tartan is a textile pattern that usually signifies a particular Scottish clan.)

Place these Commonwealth Games host cities in alphabetical order

Hamilton

London

Sydney

Auckland

Vancouver

Cardiff

Perth

Kingston

Edinburgh

Christchurch

Edmonton

Brisbane

Victoria

Kuala Lumpur

Manchester

Melbourne

Delhi

Glasgow



GRAMMAR

1. Which conjunction completes the sentence?

Simon likes watching the Commonwealth Games _____ he loves sport.

- a) while
- b) unless
- c) so
- d) because

2. Which interjection is most suitable?

_____! Did you see how high he jumped?

- a) Wow
- b) Hi
- c) Phew
- d) Yuk

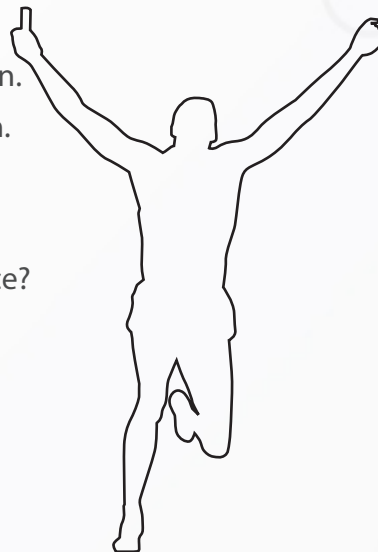
3. Which sentence has used prepositions correctly?

- a) Jane has played hockey of she was seven.
- b) Jane has played hockey since she was seven.
- c) Jane has played hockey past she was seven.
- d) Jane has played hockey as she was seven.

4. What is the adverbial phrase in this sentence?

The English athlete ran with great speed.

- a) The English athlete
- b) athlete ran
- c) with great
- d) with great speed



5. Which sentence is correct?

- a) We is going to Glasgow to watch the games.
- b) We are going to Glasgow to watch the games.
- c) We are going to Glasgow to watching the games.
- d) We are gone to Glasgow to watched the games.

6. What is the meaning of the non literal phrase in this sentence?

By half time the Australian hockey team was 'running out of steam'.

- a) the Australian hockey team was getting tired
- b) the Australian hockey team was getting very hot
- c) the Australian hockey team was winning
- d) the Australian hockey team was full of energy

7. Which sentence has used apostrophes correctly?

- a) Im going to watch the swimming with Tanyas sister's.
- b) I'm going to watch the swimming with Tanya's sister's.
- c) I'm going to watch the swimming with Tanyas' sisters'.
- d) I'm going to watch the swimming with Tanya's sisters.

8. Which sentence is correct?

- a) I want to watched the netball, but my brother are wanting to see the cycling.
- b) I want to watch the netball, but my brother wants to see the cycling.
- c) I want to watch the netball, or my brother wants to seeing the cycling.
- d) I are wanting to watch the netball, so my brother wanted to see the cycling.

9. Which prefix makes a new word? ____ happy

- a) re
- b) un
- c) dis
- d) non

10. Which word in the sentence is an opinion adjective?

We sat on comfortable blue seats in the main stadium.

- a) comfortable
- b) blue
- c) main
- d) seats



FLAGS

Underline the countries that do not have a Union Jack on their flag.

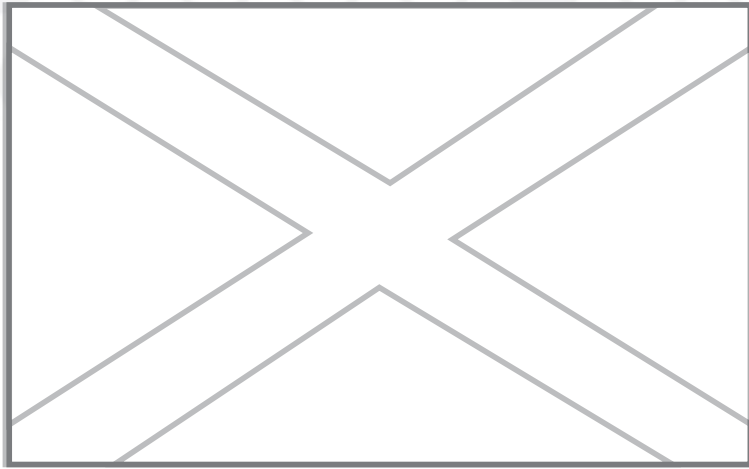
- Australia
- New Zealand
- Canada
- Singapore
- South Africa
- Cook Islands
- India
- Falkland Islands
- Pakistan

The flag of which Commonwealth country/territory has:

1. a ring of small white stars? _____ (hint: This country is located in the South Pacific Ocean)
2. a red oak leaf? _____ (hint: This country is located in North America)
3. a green tree? _____ (hint: This island is an external territory of Australia and located between Australia and New Zealand)
4. a red circle on a green background? _____ (hint: This country is in South Asia, very close to India and Burma)
5. a white crescent moon and white star on a green background? _____ (hint: This country is located close to India and Afghanistan)

FLAGS

Colour the flag of Scotland.



Draw, name and colour the flags of five other countries participating in the Commonwealth Games.

